

Gwen Ruston Raises close to \$9,000 running the Boston Marathon for Help Lesotho



Gwen, a high school teacher in Ottawa, ran the Boston Marathon April 20, 2009 in 3:39:26 with 26,000 other people. The difference for her was that she was running for orphans and grandmothers in Lesotho as a champion for Help Lesotho (www.helplesotho.ca) .

In 2007, Gwen lived in a Basotho hut for six months volunteer teaching for Help Lesotho at a tiny, very remote high school. She fell in love with the Basotho and has been determined every since to continue her support in raising fund.

The students in the "Open Eyes", a club at Colonel By Secondary School, raised \$7,000 as even more evidence that young people can change the world!

[http://en.wikipedia.org/wiki/Colonel_By_Secondary_School_\(Ottawa\)](http://en.wikipedia.org/wiki/Colonel_By_Secondary_School_(Ottawa))